



Arogya Yoga & Naturopathy Institute
Maharashtra (India)

AROGYA YOGA AND NATUROPATHY INSTITUTE

MAHARASHTRA (INDIA)

Certificate Of Appreciation

This is to Certify that

Jeet Chetankumar Raval

(S.I.A COLLEGE)

Has participated in 20 Hours Yoga Programme "YOGA FOR YOUTH" at University level Special residential camp from 20th March to 26th March 2022.

This Yoga programme is to give insight about Yoga, important and relevance of Yoga in human life.

Techniques like Yogasana, Pranayama, Meditation to improve concentration, memory power, decision making, healthy routine and creativity.

They also learnt the body alignment, Yogic practices for good digestion, excretion and flexibility of spine and healthy diet.

Course Conducted by

Vijay Ramesh Kukreja - Health & Wellness Consultant

Certified yoga Teacher & Evaluator, YCB Level 3, Ayush Ministry Govt. of Indian,

Organized by

NSS CELL UNIVERSITY OF MUMBAI AND SST COLLEGE OF ARTS AND COMMERCE ULHASNAGAR 4.



VRK

Vijay Kukreja
Founder Arogya Yoga &
Naturopathy Institute

J.P.

Mr. Jeevan P. Vichare
NSS Dist. Co-Ordinator
Thane District

Dr. J.C.

Dr. J.C. Purswani
Founder Principal
S.S.T. College of Arts & Commerce
Ulhasnagar - 421 004

S.P.

Mr Sudhir Puranik
Registrar & I/C Director
University of Mumbai



University of Mumbai
NATIONAL SERVICE SCHEME

In association with

S. S. T. COLLEGE OF ARTS & COMMERCE, ULHASNAGAR - 4
ORGANIZES

UNIVERSITY LEVEL NSS SPECIAL CAMP

"Azadi ka Amrit Mahotsav"

Certificate of Participation

This is to Certify that, Mr./Ms. JEET CHETANKUMAR RAVAL NSS Volunteer / Programme Officer
of S. J. A COLLEGE has participated in 7 days
University Level NSS Special Camp organized at Jambhilghar Village (Arogya Yoga and Naturopathy Institute), Badlapur,
Tal-Badlapur, Dist.Thane held between 20th March, 2022 to 26th March, 2022.


Mr. Jeevan P. Vichare
NSS Dist. Co-ordinator
Thane District


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This is to Certify that

Madhuri Ramdas Salunkhe

(S.I.A COLLEGE)

Has participated in 20 Hours Yoga Programme "YOGA FOR YOUTH" at University level Special residential camp from 20th March to 26th March 2022.

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This is to Certify that, Mr./Ms. MADHURI RAMDAS SALUNKHE NSS Volunteer / Programme Officer
of S.I.A COLLEGE has participated in 7 days
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NSS Dist. Co-ordinator
Thane District

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MAHARASHTRA (INDIA)

Certificate Of Appreciation

This is to Certify that

Vaishnavi Ajit Sawant

(S.I.A COLLEGE)

Has participated in 20 Hours Yoga Programme "YOGA FOR YOUTH" at University level Special residential camp from 20th March to 26th March 2022.

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Certified yoga Teacher & Evaluator, YCB Level 3, Ayush Ministry Govt. of Indian,

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This is to Certify that, Mr./Ms. VAISHNAVI AJIT SAWANT NSS Volunteer / Programme Officer
of S. I. A. COLLEGE has participated in 7 days
University Level NSS Special Camp organized at Jambhilghar Village (Arogya Yoga and Naturopathy Institute), Badlapur,
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Thane District

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AROGYA YOGA AND NATUROPATHY INSTITUTE
MAHARASHTRA (INDIA)

Certificate Of Appreciation

This is to Certify that

Anjali Lalit Pandey
(S.I.A COLLEGE)

Has participated in 20 Hours Yoga Programme "YOGA FOR YOUTH" at University level Special residential camp from 20th March to 26th March 2022.

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Vijay Ramesh Kukreja - Health & Wellness Consultant

Certified yoga Teacher & Evaluator, YCB Level 3, Ayush Ministry Govt. of Indian,

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VRKudj

Vijay Kukreja
Founder Arogya Yoga &
Naturopathy Institute

Jeevan P. Vichare

Mr. Jeevan P. Vichare
NSS Dist. Co-Ordinator
Thane District

J.C. Purswani

Dr. J.C. Purswani
Founder Principal
S.S.T. College of Arts & Commerce
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Sudhir Puranik

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This is to Certify that, Mr./Ms. ANJALI LALIT PANDEY NSS Volunteer / Programme Officer
of S. I. A. COLLEGE has participated in 7 days
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NSS Dist. Co-ordinator
Thane District

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MAHARASHTRA (INDIA)

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This is to Certify that

Tanmay Shivram Shinde
(S.I.A COLLEGE)

Has participated in 20 Hours Yoga Programme "YOGA FOR YOUTH" at University level Special residential camp from 20th March to 26th March 2022.

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Founder Arogya Yoga &
Naturopathy Institute

J.P.

Mr. Jeevan P. Vichare
NSS Dist. Co-Ordinator
Thane District

J.C.P.

Dr. J.C. Purswani
Founder Principal
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Ulhasnagar - 421 004

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This is to Certify that, Mr./Ms. TANMAY SHRIRAM SHINDE. NSS Volunteer / Programme Officer
of S. I. A. COLLEGE. has participated in 7 days
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* ULHASNAGAR *

UNIVERSITY
LEVEL NSS
SPECIAL
CAMP

From
20th March to 26th March 2022

APPRECIATION

B. B. C. College of Arts & Commerce
Uttarakhand State University, Dehradun, Uttarakhand



★ ULHASNAGAR ★

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From
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